REPUBLICAN WOMEN

OF PRESCOTT

RESPONSIBILITY  $\star$  WISDOM  $\star$  ORGANIZATION  $\star$  PATRIOTISM

**ARMED SERVICES CORNER** 

## **NEWS & EVENTS** May is Mental Health Awareness Month **MENTAL HEALTH MATTERS**

MENTAL HEALTH AWARENESS

Health Interdisciplinary Program). Veterans enrolled with them will be assigned to a team, rather than just one provider to help promote continuity of care and collaboration. Besides the clinic, the VA offers other mental health services: • Specialty outpatient services for PTSD and substance use • Psychosocial Rehabilitation and Recovery Center and Mental Health Intensive Care Management Program to help veterans recovering from serious mental illness

Mental Health Awareness Month has been observed in the United States since

Enough." The goal of this month is to fight the stigma, provide support, educate

no matter the diagnosis, appearance, background, status...you are more than

enough.

the public, and advocate for the millions of people affected in the U.S. Know that

The General Mental Health Clinic at the VA is moving to a BHIP Model (Behavioral

1949. The theme of the National Alliance for Mental Health is "More than

 Compensated work therapy program to assist with employment Homeless programs which help with resources and housing

• A Domiciliary that offers residential care ALL VETERANS whether you are enrolled with the VA or not, are eligible for

emergency mental health care. You can go to a Mental Health Clinic, the VA

Emergency Dept, or a Walk-In Clinic. There is also On Call Mental Health where you can get help through your crisis any time, any day. To contact Mental Health

Services, call 928-445-4860 ext. 7500

\*\*\*\*\*\*\*\*

with appeals because laws change, diagnoses change, and people get new evidence. They are at the VA in Building 15 twice a week on Tuesdays and Wednesdays, but you can also meet with them virtually or on the phone. Call 602-535-1215 for questions and appointments. PACT (Promise to Address Comprehensive Toxins) Act If you have questions about the PACT Act go to <u>va.gov/PACT</u>. or call 602-535-1215.

This act is for service members and their survivors who had environmental exposures

The Arizona Dept. of Veteran Services assists veterans and their family members in

qualifying and applying for benefits. They help with service-connected disabilities to

non-service-connected pensions, assists with burial claims, and runs an Arizona State

Veterans Home, among other services. They can help you determine your benefits and

submit claims, including those with the PACT Act and COMPACT Act. They also help

during their military service. This coverage is extended to veterans of the Viet Nam, Gulf War, and Post 9/11 eras. The burden of proof is no longer on the veteran. There are presumptive conditions such as cancers, Parkinson's Disease, Hypertension, etc. If you're not enrolled, please do so even if just for this coverage here: VA.gov/healthcare/apply/application/introduction or call 877-222-8387, M-F, 8:00 am to 8:00 p.m. ET. If you've been turned down before, apply again. The rules for eligibility change. The benefits are being paid out now and will be back-dated to August 2022, when the act was signed. The VA warns all Veterans about SCAMS. You do not need a third-party company to fill out the application for you. Often these companies will give you a blank form to sign and say they will fill it out and mail it, or they will have you sign a contract giving them a percentage of your benefits. If you need assistance, go to an

accredited group by the VA such as DAV, VFW, or other local Veteran Service

they have earned and deserve.

\$1,000 to the Domiciliary.

Prescott VA.

**Quilts of Valor** 

**VOLUNTEER OPPORTUNITIES** 

They should be up and running in June!

Military Background not Required

**Homeless Veterans Program** 

Organizations. This Act provides Veterans and their survivors with the benefits and care

Remember the COMPACT Act (Comprehensive Prevention Access to Care Treatment)

As of January 17, 2023 Veterans in Acute Suicidal Crisis can now go to any VA or

do not need to be enrolled in the VA system. You can call 988 (then press 1) to

quickly connect with qualified crisis support 24/7.

non-VA healthcare facility for emergency healthcare at no cost including inpatient or

The VA thanks the American Legion Post 6 for their generous donations valued at

crisis residential care for up to 30 days and outpatient care for up to 90 days. Veterans

**VA Benefits** can help Veterans and their families buy homes, earn degrees, start careers, stay healthy and more. You can join an event for conversation and information by going to <a href="https://www.va.gov/outreach-and-events/events/">www.va.gov/outreach-and-events/events/</a> to <a href="https://www.va.gov/outreach-and-events/events/">www.va.gov/outreach-and-events/events/</a> to peruse their online events. You can also call the VA Benefits Hotline at 800-827-1000. **VA Eligibility** If you get a letter of denial from the VA because of your income, please read it completely. At the bottom of the letter is a waiver that you can sign agreeing to pay copays. The National Hotline for Eligibility and Enrollment is 877-222-8387. Register

even if you don't use it. Every person increases the Federal money that goes to the local

**DAV (Disabled America Veterans) Needs Drivers!** Among the services that DAV provides is transportation. They shuttle veterans to and from their medical appointments in Northern Arizona, which is 40,000 square miles. Volunteers are needed to drive as well as maintain the vehicles. Volunteers get a

physical and a background check at no cost to them. Training will be provided. If

**DAV** has found a terrific Transportation/Hospital Service Coordinator in Prescott!

VA DESPERATELY NEEDS Ambassadors, Greenhouse, Wheelchair Assistants, etc.

Ambassadors at the information desk, Wheelchair Assistants, help in the ER room with

If you have time to help, call Volunteer Services at 928-776-6013. They can use

lab work, Greenhouse, and many other opportunities. There is a process of getting fingerprinted and a background check, but they make it fast and easy, and the work is very rewarding.

interested, call the VA Volunteer Services at 928-776-6013.

deployed in Iraq. These are top quality quilts awarded to Veterans who are nominated. The quilts are one way of saying, "Thank you for your service, sacrifice, and valor in serving our nation." There are specific patterns and sizes to follow. For more information about this organization, go to <a href="www.qovf.org/">www.qovf.org/</a>. If you like to cut or sew, this group meets the 3 rd Saturday of each month at the Elks Lodge in Prescott Valley. If you have questions, contact Angela Smith, an RWOP member, at lovespets3@gmail.com.

AMERICAN LEGION HONOR GUARD POST 6 PRESCOTT NEEDS MORE MEMBERS -

The American Legion Post 6 Honor Guard performs services to recognize Veterans at

their burials. They have had several members who have aged out so they are actively

the past 2 months, members have donated 550 hours of service to the VA for 61

seeking individuals, military or not, to become part of their team. They will train you! In

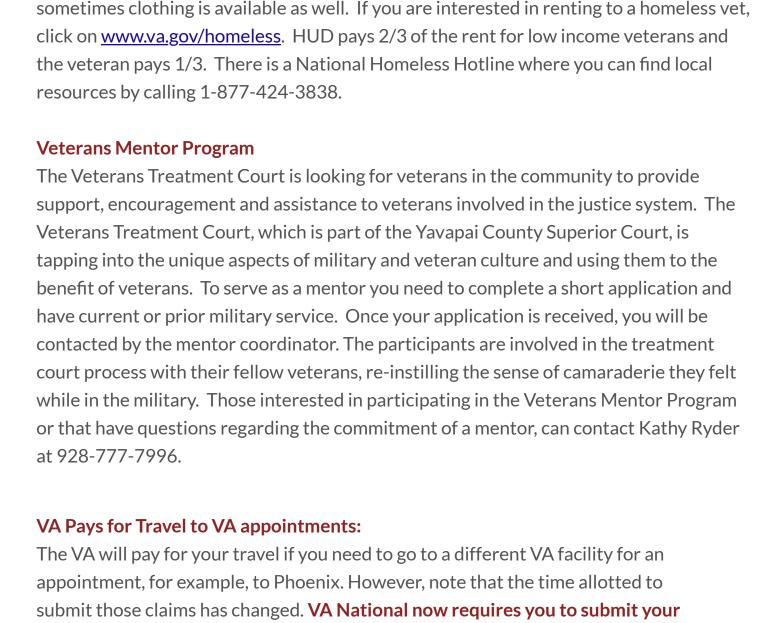
veterans and 5 Color Guard events. If you want to become part of this prestigious group,

Quilts of Valor is a nationwide organization started in 2003 by the mother of a soldier

contact Dan Tillman at 928-273-5146. **ESGR (Employer Support of the Guard and Reserve)** Another volunteer opportunity is with the ESGR (Employer Support of the Guard and Reserve). These volunteers work to promote and enhance employer support for military service in the Guard and Reserve. Contact is Larry Jacobs, Regional Director at 602-380-3829.

The VA has a Homeless program in Building 151, lower C. Walk-ins are welcome

between 7:30 a.m. and 4:00 p.m. There are free showers and laundry facilities and



claims within 30 days or they will not be reimbursed.

can register at https://warriorbonfireprogram.org.

or VFW Post 541 which handles that process.

**Disposal of American Flags** 

Women's Health Call Center

Program

The goal of the Warrior Bonfire Program is to support post-9/11 Purple Heart Veterans. They organize outdoor retreats to build friendships and camaraderie at events such as golfing, fishing, hiking, and horseback riding. The Warrior Bonfire Program's tagline is "pain shared is pain divided; joy shared is joy multiplied." The Warrior Bonfire Program also organizes an initiative called Bonfire Leaders. That program consists of Purple Heart Veterans who have gone through the program and decided they want to give back in various ways. They are trained to be leaders for retreats, speakers, and mentors, and to serve as peer support for Veterans during stressful times. Veterans

If you have a damaged American flag that you need to dispose of properly,

bring it to the monthly RWOP luncheons where we will have a drop box. Judi

Williams, Hospitality and RWOP singer, will take them to the American Legion Post 6

Cardiovascular disease is the #1 killer of women. Women Services at the VA specifically

addresses that. If you have questions about benefits, enrollment, disability, etc. you can

contact the Women's Health Call Center at 855-829=6636 between the hours of M-F

FREE OUTDOOR RETREATS FOR PURPLE HEART VETERANS-The Warrior Bonfire

8:00 a.m. to 10:00 p.m. and 8:00 a.m. to 6:30 p.m. ET or visit <u>www.womenshealth.va.gov</u>.

VFW's Sport Clips Help a Hero Scholarship **Applications for Fall Semester** The VFW offers scholarships up to \$5,000

November 15.

in January for

Active Military or a member of the National Guard or Reserve; Have completed

such as: U.S. Citizen; Retired, Honorably Discharged, or

Training; E5 or below rank; Show the need for assistance.

CAREGIVER BENEFITS TO EXPAND TO ALL VETERANS

anyone has any issues or concerns. For more information,

Veterans of all eras were eligible for <u>caregiver benefits</u> on Oct. 1, 2022, an

expansion that is expected to add thousands of families to the program in

2023. It is designed to support and compensate full-time caregivers providing

at-home assistance to severely wounded veterans. The caregiver support line

(855-260-3274) is ready and has double the number of staff on board in case

visit <a href="https://www.va.gov/family-member-benefits/">https://www.va.gov/family-member-benefits/</a> to apply and complete VA

A Whole Health Approach to Well-Being!

FOR WOMEN VETERANS

Go to vfw.org/assistance/student-veterans-

<u>support</u> for details and to apply.

**EFFECTIVE OCTOBER 1, 2022!** 

Basic and Advanced

form 10-10CG.

and you can apply between August 1 and

Scholarships will be awarded in August for

the Fall Semester (deadline was 4/30/23) and

the Spring semester. There are qualifications

 October 17, 2022 November 15, 2022 December 15. 2022 \*\*\*\*\* For more info, please contact: **Armed Services Chairwoman** Deb Robbins <a href="mailto:phxlass@cox.net">phxlass@cox.net</a> \*\*\*\*\*\*

diseases. Mesothelioma and Veterans

Mesothelioma Veterans Benefits & VA Healthcare 1 out of 3 Mesothelioma Patients is a Veteran.

mesothelioma patients are veterans so our mission is to raise

awareness about this cancer and other asbestos-related

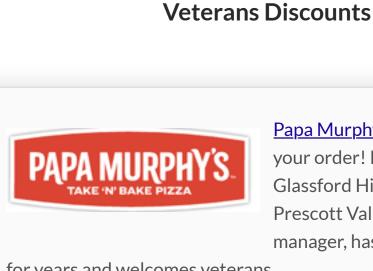
To find out more about Mesothelioma Mesothelioma symptoms and Resource Group about asbestos on Navy vessels.

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PTSD Awareness Walk June 3rd 9:00 a.m. to Noon Peavine Trail, 1624 Sundog Ranch Rd., located in Prescott (across from the Humane Society) Second annual community walk to raise awareness and show support for Veterans who are experiencing symptoms of Post Traumatic Stress Disorder (PTSD). Contact: Jennifer

Tour of U.S. VETS - Prescott June 6th 9:30 a.m. Join Deb Robbins, Armed Services Chair, for this enlightening one-hour tour of the U.S. VETS - Prescott campus at 1040 Whipple St. in Prescott. Their mission is to end Veteran homelessness in their community. They provide housing, workforce development, counseling

**Veterans Only:** VA 😵 If you need a Veteran ID Card, go Member ID 1234567890 to: <a href="https://www.va.gov/recor">https://www.va.gov/recor</a> Plan ID (80840) 1234 567 890 JANE D SAMPLE ds/get-veteran-id-cards/. With this card you can get discounts in many places.



Papa Murphys - get 25% off your order! Location: 3298 N. Glassford Hill Rd. Ste 105 in Prescott Valley. Ben, the manager, has been doing this

Free admission for U.S. Military Veterans & families. Offer valid thru World San Diego for you and up to 3 guests! For Active Military,

FREE CAREER GUIDANCE FOR VETERANS FROM FORTUNE 500 **MENTORS** 

LIFE INSURANCE FOR VETERANS VA Insurance Service is highlighting its mission to provide our Nation's Veterans, service members, and military families with life insurance products and services. There are several life insurance programs available for service-connected Veterans and upcoming changes will expand the benefit to even more Veterans in honor of their service. Currently, Veterans with service-connected disabilities have

military experience, and mentoring preferences.

American Corporate Partners (ACP) is a national non-profit

organization dedicated to helping military post-9/11 Veterans get

civilian jobs. ACP provides quick career advice and networking, with an

unlimited amount of business leaders in its free online question-and-

answer community. ACP also has a weekly <u>LinkedIn Live series</u> that

connects Veterans directly to partner companies and hiring managers

every Wednesday. To get started visit ACP's website and fill out a brief

application where you can answer questions about your career goals,

**Veterans of Foreign Wars - Post 541** If you're a veteran who has been in combat or a battle zone, VFW Post 541 welcomes new members. Their mission is to be a voice for veterans, deployed military, and their families to secure rights and benefits. They meet the first Thursday of every month. The address is 202 N. Arizona Avenue in Prescott. For questions call 928-776-1125; email info@vfwpost541.org or visit vfw541.org. \*\*\*\*\*\*\*\*\*

records, order prescriptions, and even send messages to their medical team. They often get back to you the same day but will reply in 2 days at most. You can enroll at <a href="https://www.myhealth.va.gov/">www.myhealth.va.gov/</a> and click the REGISTER button. For questions contact Destiny Sanchez, the My Healthy Vet Coordinator. She will be happy to assist you. You can call 928-445-

4860 x6488 to make an appointment.. You can also do a video

appointment. They need to see you first for visual authentication.

Telehealth medicine is especially important in Northern Arizona where

NAVAHCS covers an area bigger than the state of Rhode Island with 33,

000 veterans. There are Community-Based Outpatient Clinics (CBOC)

to help, but often a tele visit is easier for veterans and families. The VA

If you would like to change your care team, contact your primary care

**EVERY WEDNESDAY!** 

a.m. to 1:00 p.m.

Theatre, Building 15.

As of April 21st, there will be a new Veterans Health Resource Center (VHRC) where you can sit down with a local person to get help downloading apps to track your appointments, etc. You just need to bring your iPad or smartphone, and they will help you get set up. More information will be forthcoming as it is available. CLAIMS CLINIC FIRST WEDNESDAY OF EVERY MONTH AND NOW

If you want to file a claim or check on the status of a claim, the Claims

Clinic is the perfect place to do that. Sherry Le Mountain holds one on

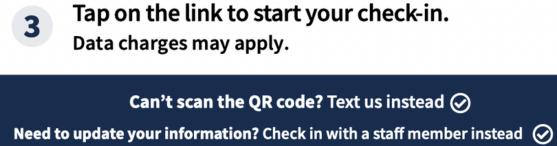
the first Wednesday of every month . She is in Building 154 from 9:00

MILLION VETERAN PROGRAM Help shape the future of health care for women Veterans MILLION VETERANS PROGRAM (MVP) VA's Million Veteran Program (MVP) is a research program working to improve the health and wellness of Veterans. They want to enroll one million Veterans in 2023 and want women to have more representation in their research. If more women join MVP, then MVP can strengthen its research findings for Women Veterans of all backgrounds. Women who have served in the military have additional factors that affect breast cancer, depression, PTSD (women are twice as likely to experience this as men), and military sexual trauma, to name a few. Visit <a href="https://www.research.va.gov/mvp/">https://www.research.va.gov/mvp/</a> for more information. The Center for

## Have an appointment? **Check in with your smartphone** Text check in OR scan this code with your camera. to **53079**

Wait until you get a text back with a link.

This should only take a few seconds.



To:

53079

Message: check in

Virtual 2-hr weekly class held over 14 weeks If interested, call (800) 949-1005 ext. 2237 Northern AZ VA Healthcare System





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Nurse Advise Line: (877) 252-4866

Prescott Vet Center: (928) 778-3469

COVID-19 Vaccine Appointments: (928) 717-7406

Toll Free: 800-949-1005

in our community.

LIBERTY POINTE

U.S.VETS IS ON A MISSION TO END VETERAN **HOMELESSNESS** IN PRESCOTT, ARIZONA. U.S.VETS — PRESCOTT **500 VETERANS EACH YEAR** 

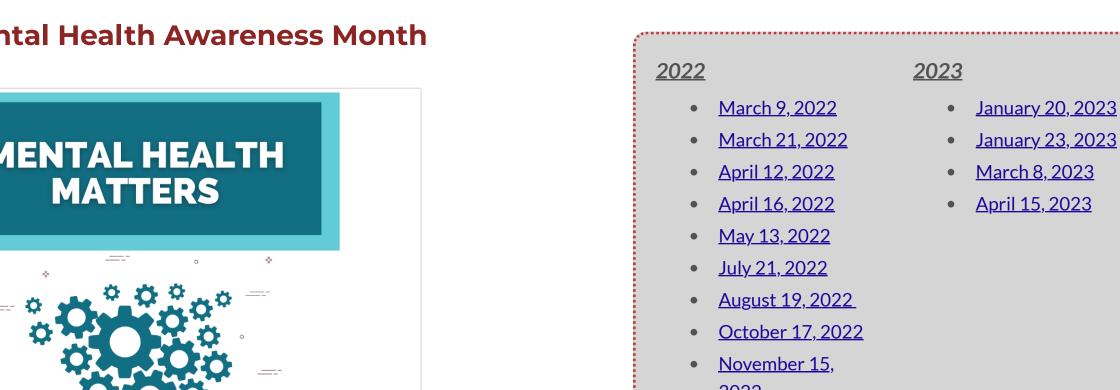
employment assistance, and TO HELP, CONTACT US TODAY: 928.583.7199 usvets.org/locations/prescott

<u>usvets.org/locations/prescott/</u>

Increasing alcohol or drug abuse Withdrawing from family and friends or text to 838255 requires immediate attention. these warning signs. Toll Free: 800-273-8255 Press 1 Printable flyer

> benefits? In 2022, the Arizona Legislature granted Veterans In-**State Tuition Status.** To find out more about educational benefits go to email <a href="mailto:benefits@azdvs.gov">benefits@azdvs.gov</a> or call 602-234-5804. To apply for a tuition waiver applicants must submit a completed **Arizona Department of Veterans' Services, Tuition Waiver and Verification form** by mail or email to: **Arizona Department of**

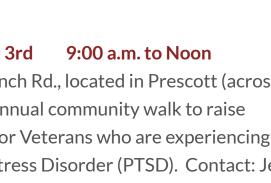
• A great resource is the Center for Women Vets. If you don't already get their newsletter, you can subscribe here: <a href="http://va.gov/womenvet/">http://va.gov/womenvet/</a> The Center for Women Veterans' (CWV) mission is to monitor and coordinate VA's administration of health care, benefits, services, and programs for women Veterans. They serve as an advocate for cultural transformation and to raise awareness of the responsibility to treat women Veterans with dignity and respect to #BringWomenVeteransHome2VA... You can explore benefits at: https://www.va.gov/opa/persona/index.asp



MesotheliomaHope Mesothelioma Hope offers free resources that are reviewed by certified oncologists and provide detailed information about mesothelioma and its impact on veterans. 1 out of 3

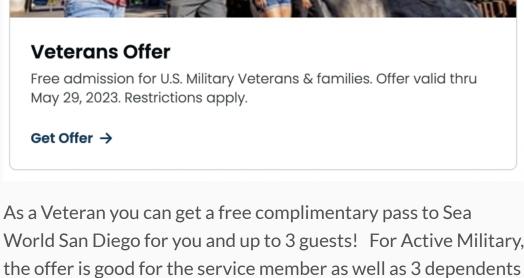
A. Sigler, PhD 928-445-4860 x4834 jennifer.sigler@va.gov

**Upcoming Events:** 



and individualized assistance. If you would like to see what your donations do, contact Deb Robbins at 602-402-7069 or <a href="mailto:phxlass@cox.net">phxlass@cox.net</a> to register by June 1.





until 12/31/2023. Click the image above to be taken to the

DRIVE-THROUGH FLU CLINIC - NO APPOINTMENT NEEDED

offer,

The drive-through flu clinic is

open Monday through Friday

from 9:00 a.m. to 3:00 p.m. and is

free to all enrolled Veterans. The

VA has also contracted with CVS

and Walgreens to get your free

flu shots if that's more

convenient.

CORPORATE PARTNERS HELP VETS GET JOBS

this ended on December 31, 2022. On January 1, 2023, VA Life, began. For more information about these insurance programs visit https://www.va.gov/life-insurance.

VALife: <a href="https://www.benefits.va.gov/insurance/valife.asp">https://www.benefits.va.gov/insurance/valife.asp</a>

• S-DVI: <a href="https://www.va.gov/life-insurance/options-eligibility/s-">https://www.va.gov/life-insurance/options-eligibility/s-</a>

Service-Disabled Veterans Life Insurance (S-DVI). New enrollment for

**Veteran Death Benefits** Veterans can download a free guide, "Veteran Death Benefits and Memorialization for Service Members and Their Families." If you have questions either visit <u>www.neptunesociety.com</u> or call 800-637-8883.

My Healthy Vet

This is a great tool for

veterans to see their

medical appointments,

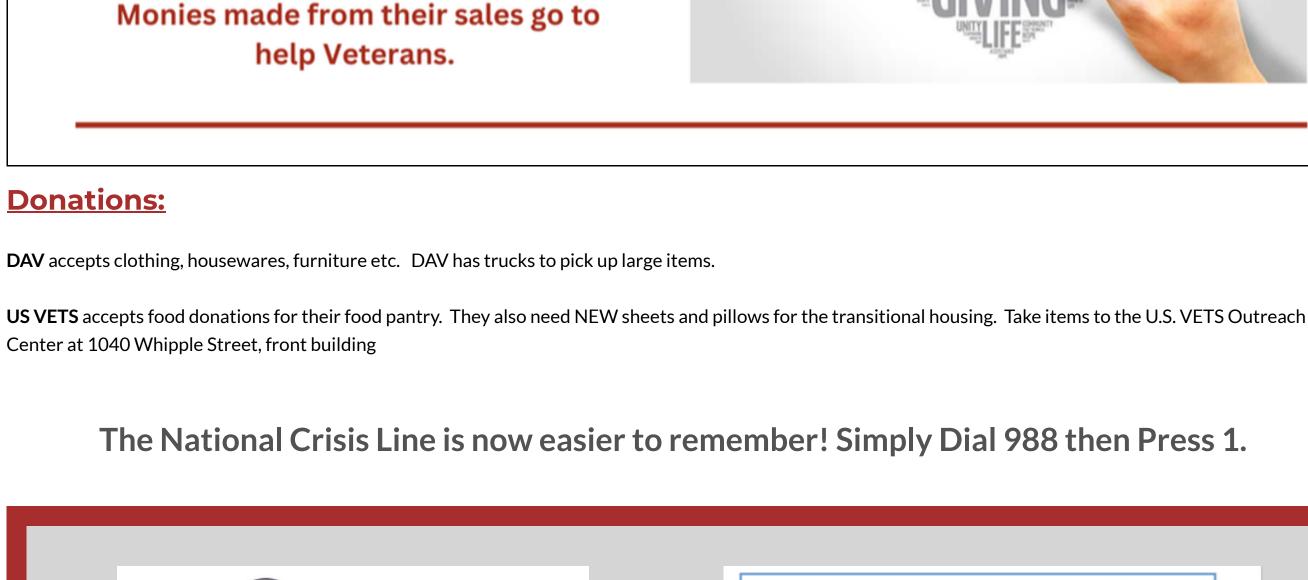
prescriptions, and medical

wants to make it easier to have veterans to connect with their providers over smartphones, computers, or iPads. If you don't have any of these, you can utilize a computer at the public library, but also the VA will give veterans an iPad. The veteran just needs to provide internet access.

department and make a Team Transfer Request.

Mr. Castro from the Arizona Dept of Veteran Services is also holding a Claims Clinic every Wednesday from 8:00 a.m. to 4:00 p.m. in the

Women Veterans (CWV) is sharing information about recently published research related to women Veterans on a monthly basis. Go to: https://va.gov/womenvet/reseach. Women Veterans, if you are receiving health care in a non-VA facility, it is important to let your provider know about your military service and how that can impact your health care needs. Let your non-VA healthcare teams know about this free, one-hour, accredited training course they may take to learn ways to provide women Veterans with the best care possible. Use this link to the training module: "Caring for Women Veterans" https://www.womenshealth.va.gov/WOMENSHEALTH/non-va-clinicians.asp



**DAV** needs **DRIVERS** to provide

transportation and **VOLUNTEERS** 

to sort the donated items for both of

their thrift stores located in Prescott

at 730 N. 5th St. and 726 W. Gurley.

To Volunteer go to the store

most convenient for you or

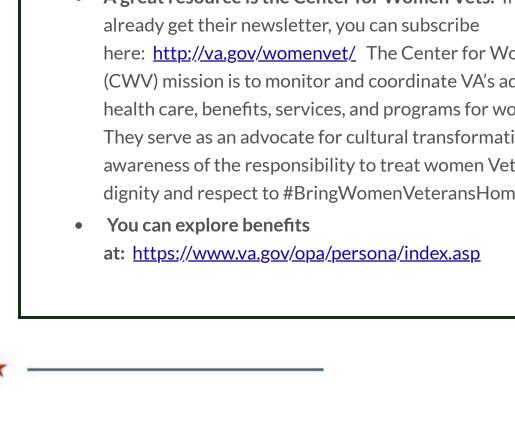
call Pete Walter at 928-910-2207.

within 72 hours to avoid billing issues. VA 72-Hour Notification Hotline # 1-844-724-7842 RECOGNIZE THE SIGNS OF SUICIDE RISK

For ALL Emergency Department visits, call and

report to the VA 72-Hour Notification Hotline

YOUR SUPPORT WILL HAVE A DIRECT IMPACT **Veterans' Services** on the lives of veterans experiencing homelessness



Follow us on:

serves over

providing housing, meals, case management, counseling,

a Veteran Service Center.

Information on this website is provided for educational purposes only and as a courtesy to our members. The content provided may be from secondary sources. The sources are solely responsible for its contents and we provide these to our members to support their personal educational goals. Videos and other information were selected because they represent material consistent with our founding principles.

Search

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Thinking of going to college but unsure of your Veteran's 3839 N 3rd St - Suite 209 Phoenix, AZ 85012-1570 Email: benefits@azdvs.gov Learn more about Tuition Waivers at Arizona Public Educational **Institutions for Service Members, Veterans and Dependents**